



# MESSENGER

## CONVERSION OF THE HEART



### Three Foxes and an Angel

"Some seven years ago, AM 820 bumper magnets started jumping out at me as I drove around town," recalls Angel Fox. "Oh, it's THAT radio," was her reaction when she realized it was Catholic radio.

Angel Fox's first real connection with AM 820 came about because of the Catholic Women's Conference. Her nephew's basketball game interrupted her Conference attendance, but she discovered that she could listen to the Conference on her car radio while she drove back and forth from the game, and use earbuds to listen during the game. So Angel was able to hear almost all of the Conference thanks to St. Gabriel Radio.

#### AM 820 DREW THE FOXES DEEPER INTO THE FAITH

"Then I started listening to Fr. Riccardo and got more deeply involved in the Catholic Women's Conference," she recalls. Angel and her husband John also became more involved in parish life at St. Paul the Apostle in Westerville serving on a parish advisory council and coordinating parish events, and also attending adoration at St. John Neumann parish.

*Angel says that AM 820 inspires you to look for the good in the community, the neighborhood, the parish.*

Gabriel Radio has prompted me to live what I hear. It takes me to deeper thought," says Angel.

"What we hear, we put into our minds and so much of the noise takes us to a dark place. What you put in your ears, eyes, and heart will become part of you. Once you start listening to positive messages like those we hear on AM 820, you are inspired to look for the good in the community, the neighborhood, the parish. So St.

#### LIFE TURNED UPSIDE DOWN

AM 820 took on new importance for Angel and John in January of 2017 when Angel was surprised with the diagnosis of an aggressive form of esophageal cancer. Treatment offered a slim chance of survival as well as the risk of permanent loss of her voice for the time remaining for her. Angel, John, and their two sons were totally unprepared for the news of what Angel was facing. Together, the Foxes have carried this cross and prepared for the future with two sure anchors: Love and Grace. Love for the Lord and each other, and trust in the grace of God.

*"My whole life turned upside down."*

The afternoon that John and Angel left the doctor's office with the devastating diagnosis, they sat in their car in the hospital parking lot, stunned. "What has happened?! My whole life is turned upside down," thought Angel.

Shortly after this devastating news, Angel learned about Bishop Campbell's call-in show that airs the first Tuesday of the month on AM 820. The topic of the show for the coming week was, "Time is a gift. How should we use it?" She reported to John that the Bishop would be taking questions on AM 820 about how we should use the gift of time. Angel felt that the Bishop would have important information for her and her family if she called into the program.

#### "THE BISHOP HAS SOMETHING TO TELL YOU, ANGEL."

Angel and John recognized God's hand in motion. John encouraged Angel by saying, "Angel, the Bishop has something to tell you.

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**NEW  
APP!**

Download the  
**AM 820 APP**  
and listen anywhere



## SPIRIT DRIVE VOLUNTEERS



Volunteer your time to answer the phones, donate food, provide office help, and share your faith with like-minded souls. Call (614) 459-4820 to volunteer.

## ST. AUGUSTINE'S PRAYER

Watch, O Lord, with those who wake, or watch, or weep tonight, and give Your angels charge over those who sleep. Tend Your sick ones, O Lord Christ. Rest Your weary ones. Bless Your dying ones. Soothe Your suffering ones. Pity Your afflicted ones. Shield Your joyous ones. And for all Your love's sake. Amen.



"No 'junk' programs. It is nice to be uplifted by Fr Ricardo in the morning, laugh at Dr Ray and get beat down by Fr Larry! What isn't to love?"

— David, Johnstown, OH

## VOLUNTEER SPOTLIGHT



Cindy Lane has a special gift for wrapping presents. She put her loving touch on over 500 gifts that St. Gabriel Radio offered to parishes as a

welcome for catechumens coming into the Church this past Easter Season. Thank you, Cindy, for your super volunteer spirit!



**EWTN**

Global  
Catholic  
Network

## CONVERSION OF THE HEART [CONTINUED]

There's no question that God is working through the radio." So Angel decided to call in and ask the Bishop a question.

*Angel decided to pose a question during Bishop Campbell's call-in show on AM 820.*

Angel Fox is a lawyer. Lawyers speak a lot and Angel has used her gift of speech over the years in much more than just her practice of law. "My vocation in life is that I am a very good speaker and I have participated in a lot of speaking events at my church. This cancer could silence me," she worried at the outset of her illness.

On the next Tuesday, February 7, 2017, Angel had the opportunity to connect with Bishop Campbell on-air during his call-in program. She explained her situation and the terrible meaning of silence for her, as wife, mother, lawyer, and speaker if she should lose her voice – or worse. She asked the Bishop, "My treatment will be in pain and silence. During this time of pain and silence, how do I give that up to God?"

### FACE LIFE WITH COURAGE

Bishop Campbell gave Angel deep words of encouragement that included, "There will be times that we will be tempted to want to curse – why me, why now! We can't change it. But we can change our attitude towards it. How are we to face it? We face it with one of the great virtues: COURAGE."

Angel was able to get a transcription of the Bishop's answer. She says that she has read the Bishop's words of hope and light over and over during the months of her treatments.

Eighteen months after her diagnosis of esophageal cancer and aggressive treatment that included radiation, chemotherapy, and surgery, Angel is still here with her family and friends. The treatment appeared to succeed until recently, when a suspicious spot appeared on her lung.

### SUFFERING, PEACE, AND JOY AT THE SAME TIME

Just last week, Angel and John sat across from one another in a local restaurant reflecting on this journey through faith and illness. Angel spread joy and peace with her smile while it was

## BISHOP CAMPBELL'S RESPONSE TO ANGEL ON AM 820

*Bishop Campbell said that "offering it up" should not be spoken of lightly because we do not want to deny the suffering that we will face. "Part of the difficulty is that we look too far in the future. We paint pictures for ourselves. The typical human response is, 'if we can picture it we can deal with it'. The one time we surely possess ...is the time right now. Are we paralyzed by the fear of the future?"*

*"You ask, 'How am I to deal with it?'" the Bishop continued. "You will never be silent. You will hear the prayers of the Church, the prayers of others, and you will hear your own heart beating. It's a heart that can beat in concert with the heart of Mary and Jesus."*

*Bishop Campbell's consolation for Angel Fox is online in the Bishop's Archives at [www.StGabrielRadio.com](http://www.StGabrielRadio.com).*

## CONVERSION OF THE HEART [CONTINUED]

clear that the illness and the trauma weighed heavily on John. Still, he looks for every opportunity for optimism.

"When Angel started listening to AM 820 years ago, I started listening, too," John says. "I also was encouraged to listen because of what I heard at the Columbus Catholic Men's Conference. Fr.

Larry Richards brings me perspective. Anytime I'm in the car, I listen. I love the interviews with authors and about books. The Columbus Catholic Calendar on the radio helps me connect to diocesan events.

The Bishop's words for us definitely bring us hope and light," affirms John.

*"When Angel started listening to AM 820 years ago, I started listening, too," John says.*

Angel agrees. "Bishop Campbell's words turned my diagnosis on its head. He showed me what I need to do – grow closer to God. That's what St. Gabriel Radio does for me. I was prepared to go on a pity party. The Bishop set me straight. I realized that I have to take this cross and make it an instrument of my salvation."

### DON'T WAIT!

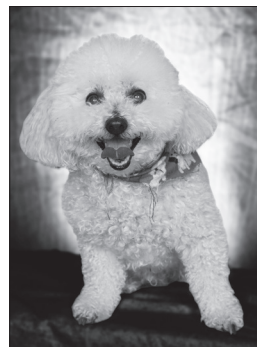
Angel is now undergoing chemotherapy again, this time on her lung. She will soon know more about the prognosis for the cancer's metastasis.

Her perspective has valuable lessons for all of us because, as she says, "No one was created to be here eternally. It's important to understand that at every moment, we have the opportunity to prepare for life with God. Every step of the way. People who face life-threatening events become more attuned to this reality.

"Do it now," Angel urges us. "Don't wait because you might not have the next moment."



## DEWEY THE DOG WINS!



Many thanks to all the AM 820 listeners who auditioned their dogs for the Billboard Dog Contest.

Dewey, beloved pet of the Eyerman family, came in first place. Dewey will grace the next AM 820 highway billboard. The Eyerman family will receive a PetCo gift card.

Bonnie Cramer's pet, Clyde, came in second. Ellen Sullivan's Cody placed third.

## FALL SPIRIT DRIVE

September 19, 20, & 21

### LISTENER-SUPPORTED AM 820 NEEDS YOU!

Sustaining Members are the foundation of St. Gabriel Catholic Radio. Your prayers and generosity keep the doors open, the lights on, and the airwaves alive with The Good News of Christ. Sustaining Members pledge \$20 or more a month.

### SUSTAINING MEMBERS MAKE A DIFFERENCE.

### FRIDAY NIGHT HIGH SCHOOL FOOTBALL ON AM 820.



**6:00** *Catholic High School  
Football Preview Show*  
with Doug Lessells and Ryan Baker

**7:00** *Catholic High School  
Football Game-of-the-Week*  
with Randy Rhinehart and Larry Wolf

**AFTER  
THE  
GAME** *High School Football  
Scoreboard Show*  
Scores and highlights presented  
by ThisWeekSports.com

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### 2018 AM 820 LISTENER SURVEY

Has St. Gabriel Radio influenced you  
to become more spiritually engaged?

**85%**  
OF AM 820 LISTENERS SAID,  
**"YES!"**





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## MISSION STATEMENT

St. Gabriel Catholic Radio's mission is to reach more souls with quality programming that is faithful to the teachings of the Church and presented in a way that inspires conversion of heart and a deepening faith while building up the local Body of Christ.

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